

MENTAL HEALTH ADVOCACY 2016

A Designated Agency Perspective

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Busting Stigma

- Working to offer specialized services, education, prevention and wellness programming, and specialized programming that encourages wellness on all levels – break down the walls.
- Working within Health Reform to enhance coordination, collaboration, and integration of mental health and substance abuse treatment in a broader system of care regionally
- Recognizing that creating a new system requires enhanced infrastructure



Variations in a Health Home Created

- Primary care providers in designated agencies
- Therapists in primary care offices
- Enhanced specialized teams in primary care offices
--- beyond the Community Health Team
 - Integration of DA staff: nursing; case management; psychiatry
 - Growth of CHT to create a bridge to the community



Outcomes and Results Based Accountability

- State and community psychiatric hospital rates are below national averages
- 1,171 children & adults used 14,262 crisis bed days instead of hospitalization saving over \$5 Million annually; this includes peer crisis beds
- Due to Act 79 since FY'13 inpatient care has decreased by 25% for the population
- Of the 2754 public inebriate screenings provided 50% were diverted from jail.
- 81% of at-risk youth served in JOBS achieve paid work experience;
- 26.3% of CRT and 47% of DS clients are employed compared to 17% and 19% nationally;
- Proven models with results: CRT services for high utilization clients reduced over time with same model throughout all agencies; out-patient case management reduces hospitalization in that population; doula

Current State of DAs and SSAs

- Working towards community integration and program integration, such as Integrating Family Services
- Providing community outreach as a culture of support: education, YMHFA, MHFA, post-critical incident response; law enforcement/mobile crisis training
- 3 years with no Medicaid increase; reduced days in cash, reduced operating margins, increased turnover, less ability to compete in the market place --- request for 3% increase X 4 years
- Up until now, we have been achieving same level
- of service, per state contract. •

Effect of Health Reform

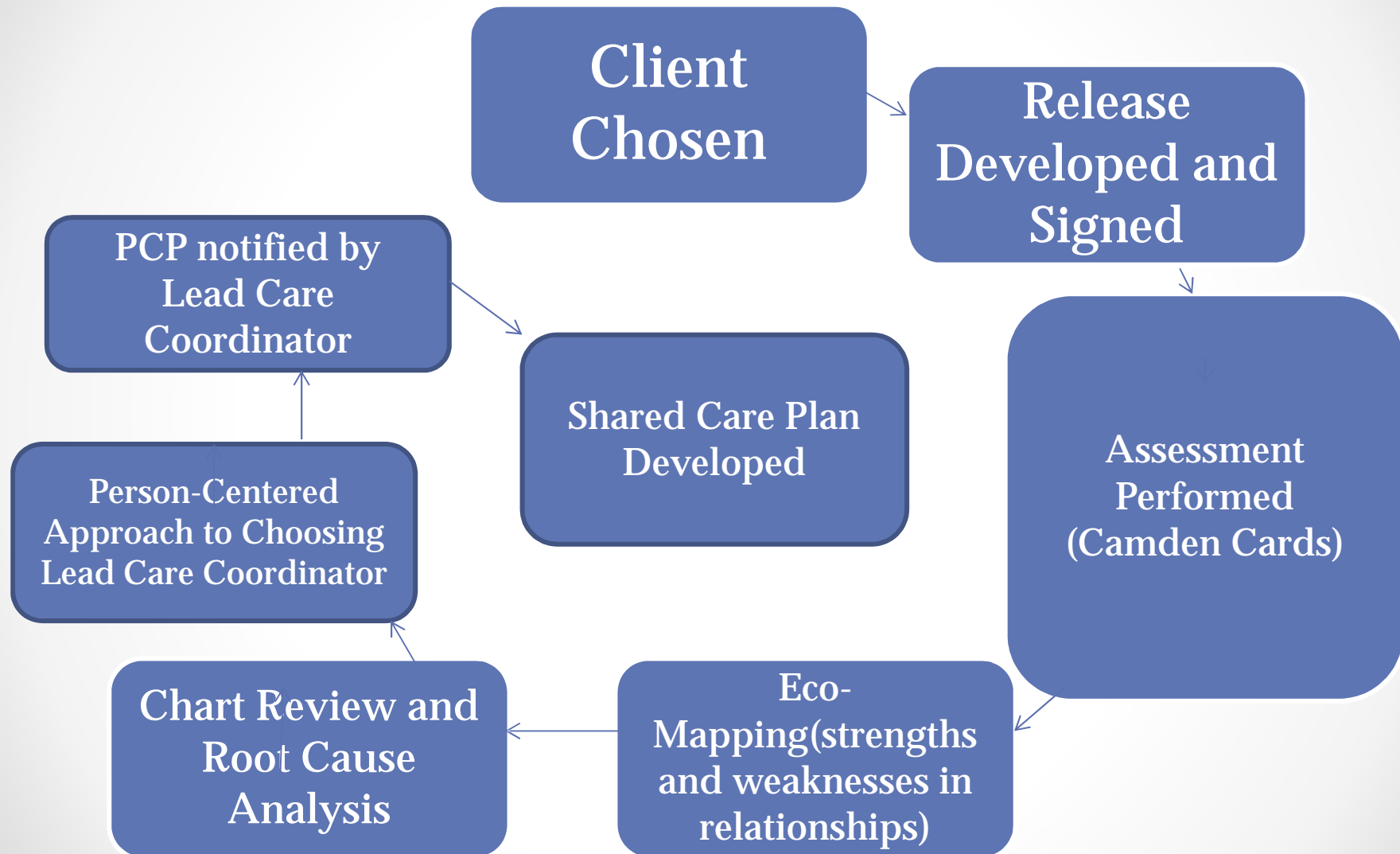
- Positioning of DA system within the Health Reform paradigm – educating on mental health and social determinants of health – the community provider system.
- Participation in ACOs and potential single ACO
- Movement of decision-making to DVHA
- Position on payment reform
- Multiple moving parts sparking H. 812 & S. 196 –
 - WHY THIS IS SO IMPORTANT?
- Learning Collaboratives
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About Our Community

- Population of HSA: 65,000
- # Organizations in Collaborative Team:
 - Central Vermont Home Health & Hospice
 - Central Vermont Council on Aging
 - Washington County Mental Health Services
 - Community Health Team/Hospital
 - Support And Services at Home (SASH)
 - Central Vermont Substance Abuse Services
 - Family Center of Washington County
 - The Health Center
 - District Health Department
 - Green Mountain Transportation
 - Vermont Chronic Care Initiative
- Target Population: Medicaid and/or Medicare w/multiple providers involved in service delivery – 12 currently participating

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Process Steps Learned Across All Provider Systems



Outstanding Questions

- Will payment reform be connected to financial sustainability & salary parity?
- Will DAs and SSAs achieve parity before their staff is hired away to those who can afford it?
- Where will that leave the community outreach system in the picture?
- With no increase in Medicaid, which programs will close within the DA system?
- Will the APM move forward with all payers; will the ACO find the dollars needed to operate?
- Why we believe both are important?
- Will the time line and steps taken sustain existing systems while new are being built and, therefore, prevent erosion of existing successful systems
- How will value based payments being developed by AHS align with payments from the ACO?
- Which services will be covered by the ACO and what, if any, investments are they willing to make into our services?
- What will happen and what will we talk about next year???

